

13 December 2014.

Chris Bentley  
Albany Prison.

Courtney  
Justice Action.

Letter N° 33

Dear Courtney,

Hi how are you?

All good I trust. Since writing to you on 11 December I have been thinking about some things that you wrote in your letter dated 3 December 2014. After I wrote to you I began thinking that I had not really answered your letter properly. Your questions were quite complex and on the day I wrote to you I was continually being interrupted. The yard I am in contains about 40 or so men. I know them all fairly well, you tend to when our space is about 40m long by 15m wide. I train with, joke with, and share with many of them, so we tend to float in and out of each others cells. Many come to me for advice or to help them with letters for parole or a letter to their wife or girlfriend, that sort of thing. Or just to have a laugh, or a yarn. The day that I wrote to you was busier than normal. It took me all day to write 3 letters. Very hard to maintain a theme of thought with all that going on.

Your primary question deserves a better

answer than I can remember giving to you.

Firstly you agree with me that there is no real disconnect between the two disciplines of psychology and philosophy. The truth is that there is no disconnect between anything. Everything feeds into and enhances everything else. We as humans tend to be social creatures. When we isolate ourselves in anyway we always digress over a period of time. It is the same with fields of knowledge. No scientist does it alone, all great men have stood on the shoulders of even greater men than they.

That is also why philosophy is so stimulating and exciting - it offers us freedom of thought. It breaks down barriers, it connects us. It opens up the playing field. Judgment moves away and interest enters.

You believe that psychology and philosophy are equally as important.

Ashling said that she thinks both disciplines over lap. You believe they are equally important and I believe there is no disconnect between the two.

This gives me hope. Ashling studies psychology. You never made mention of what you were studying, if at all you were.

There is no doubt however that psychology is in dia need of a more enlightened

approach. It seem to have become something that is dangerous and dark. Danger can be exciting at times, but darkness is far more than broody and moody. It is an affront to what it is to be human.

"as we attempt to resolve what it means to be human and why humans behave the way that they do. What are your thoughts on this?"

May I change that a little Courtney?  
 'What it is to be human'. If we know what it is to be human, we would not be looking for meaning. When we know it means something, that is being human. That may sound some what of a paradox. Yet it is capable of being explained.

I heard something in a movie I was watching the other day; 'You don't know someone until you know what they want'.

'What it is to be human' What does everyone want when it is all broken down.

Love. Everybody is looking for it. Everybody wants to love and be loved. That is the driving force. The problem seems to be that not many know what love is. It is not something we 'get', it is something we give. We open the channells.

It is the conditions we place on love that blocks everything. It is those blocks that cause all the social disorders all our inner

conflicts. Anxieties, neurosis, which very often is categorised as the various forms of mental illness. There is a whole industry, corporate as well as professional, feeding off the dosence of love. Drawing off the pain, and living high on the hog. Stemming and perpetuated by people shallow desirers and mis conception of love and therefore - 'what it is to be human'. People negate there humanity for what they 'think' they want.

We are made great or deminished by our own concepts of love. We are hurt by others ideas of love. We hurt back. We become drawn into ignorance through the lack of our own knowledge. Without our ability to access the love within ourselves, our hearts too begin to close. The damage begins to take hold. We too become the reason for all the pain in the world.

It is very easy to become disillusioned with a world that is full of illusions. The illusions being made up of the coersive forces, moving throughout society. Whether those forces are corporate, industrial or ~~the~~ pernicious knowledge, or therein the influence of such things.

Look deep into your being Courtney, find your true deep rooted desires, bring them into your consciousness, follow the path

they indicate. Be tenacious and passionate,  
and all the illusions will be seen.

Do not let any influence cause you to  
be less than you are. You are beautiful  
and you are everything. Never allow  
anyone to place conditions on your  
heart. Your heart knows what it is to  
be human.

be well, thank you for your letter  
Kind regards  
with love

Ohm.